

## ABOUT DR. ALEX

**DR. ALEXANDER LOYD,** best-selling author and founder of the revolutionary Healing Codes technique, helps people live their happiest, healthiest, and most successful lives.

With a Ph.D. in psychology and ND in naturopathic medicine, Dr. Alex combines proven psychology, medical science, energy medicine, and spiritual principles to help you reduce stress, identify and heal the root causes of emotional and physical problems, and remove negative beliefs and barriers that hold you back from happiness and success. His techniques and practices have helped people all over the world experience whole life healing in their relationships, jobs, bodies, minds, and spirits.

Dr. Alex believes that the body, mind, and spirit are connected and that through holistic healing of stress and heart issues, an array of life issues can be healed as well. At the core of all of his practices is the concept of cellular memory. Scientists have proven that our memories are stored not just in our brains, but throughout our bodies in the form of cellular energy. That means that the pain, the trauma, the failure, and the hurt you've experienced can exist in your unconscious mind and memories for years, even if you do not live with daily awareness of them. These unhealed memories cause stress that holds us back in all areas of life. It drains our energy, keeps you in destructive relationships and suppresses our immune systems, leading to all kinds of illness and disease. He applies a combination of psychology, medical science, energy medicine, and spiritual principles to heal these issues and flip your "failure" switch to "success". These principles and practices will revolutionize your life, your health, your relationships, and your dreams.

## **APPEARANCES**



Dr. Alex has appeared on ABC, NBC, CBS, FOX and PBS, and his methods have been featured in outlets such as People, Time, USA Today and Oprah.com. Prior to discovering The Healing Codes, he had a private practice as a therapist. He has clients in all 50 states and in 174 countries.

## WHAT TO EXPECT

Dr. Alex is passionate about helping people heal and live their happiest and most successful lives. His genuine and accessible communications style helps make complex scientific principles easy to understand and apply, and his methods and tools are easily self-taught and practiced. With a holistic approach to healing the mind, body and spirit, Dr. Alex empowers people to live whole, happy, and healthy lives in peace and love.

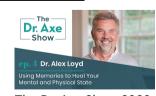
## **NOTABLE TALKS AND SERIES**



Frankfurt Ring 2018



Mirami Media 2015



The Dr. Axe Show 2020



The Secret Spiritual
Laws of Nature



The Biblical Teaching Series



Deep Water